

Multiple missing teeth

# More reasons

for you  
TO SMILE

Solutions for repairing and replacing damaged or missing teeth



# We have some good news for you

Your days of worrying about your damaged or missing teeth are nearly over. Soon you will be confidently biting into a crunchy apple without pain or discomfort. Best of all, you'll be able to enjoy socializing with friends and family without fear of embarrassment.

## Your dentist has a solution for you

There are modern dental solutions that will help you smile, eat, and socialize easily with confidence and without discomfort. In fact, it's easier than ever before to replace damaged or missing teeth and receive a new smile.

It all starts by speaking with your dentist.

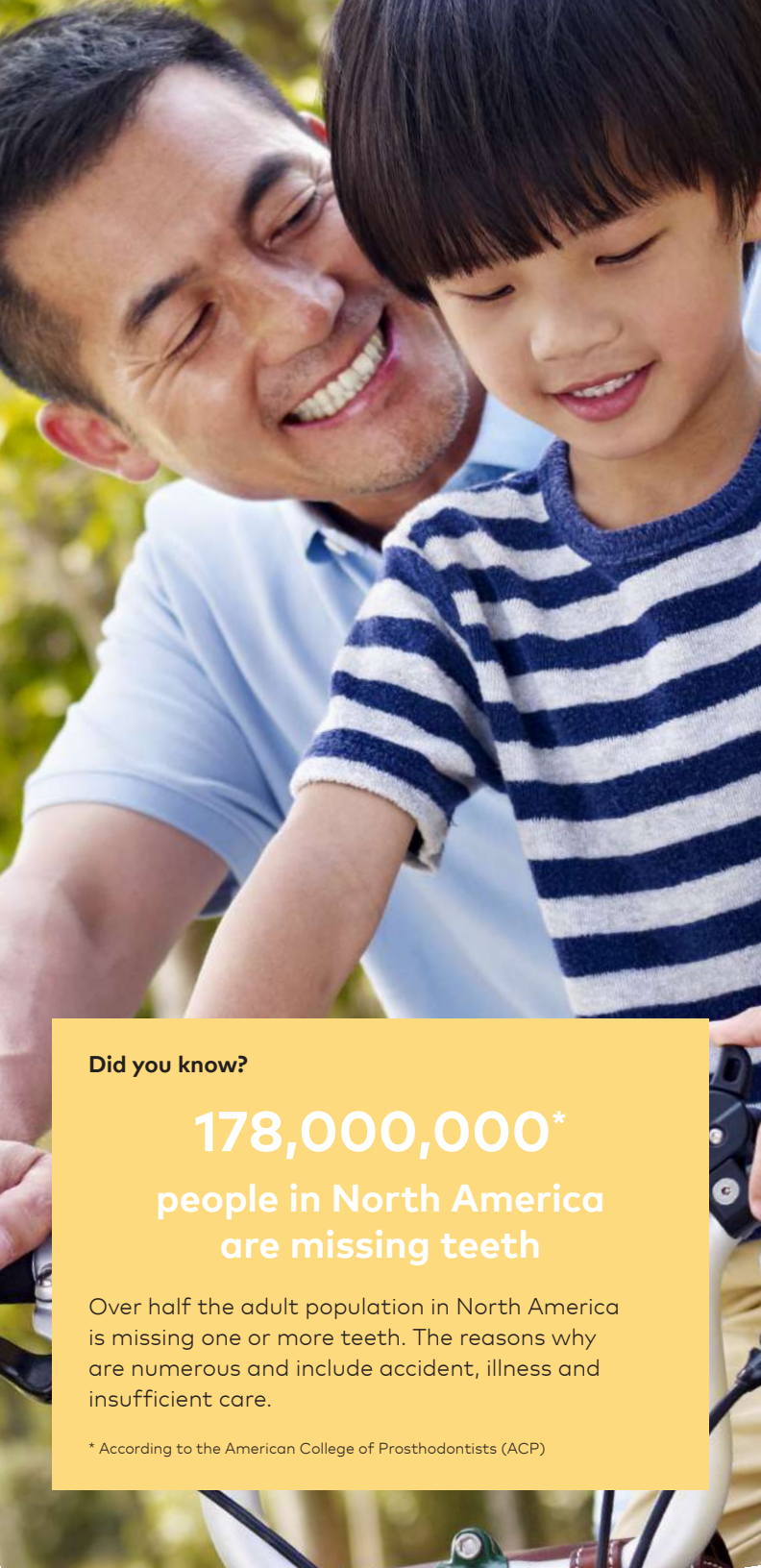
## Your teeth are very important

Damaging or losing your teeth can be a traumatic experience and the results can be devastating.

A natural-looking smile is often seen as a symbol of health and beauty. Equally important, smiling provides positive emotional and psychological benefits.

Functionally, a full set of teeth lets you enjoy your favorite foods. When you have damaged or missing teeth, every meal can become painful and limiting.

Ultimately, a strong, stable, functioning dental restoration allows you to feel confident while helping you maintain health and well-being.



**Did you know?**

**178,000,000\***  
people in North America  
are missing teeth

Over half the adult population in North America is missing one or more teeth. The reasons why are numerous and include accident, illness and insufficient care.

\* According to the American College of Prosthodontists (ACP)

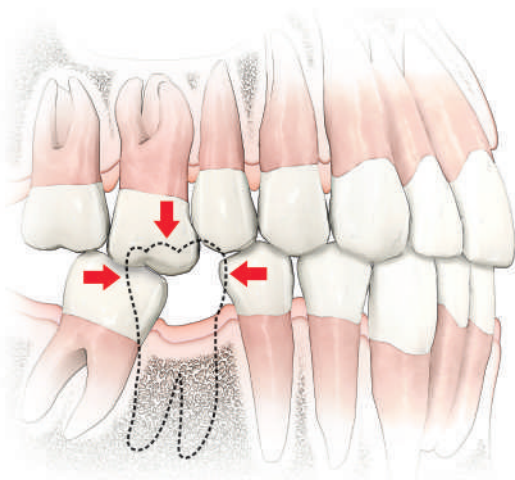
# Your teeth do more than help you smile

Not having all your teeth in place can negatively affect your general health, your appearance, and self-esteem. In fact, every single tooth in your mouth has an important role to play. Even one missing tooth can create some serious consequences for you.

## Effects on jawbone and gums

When all of your teeth are present, they work together while you chew, producing micro-movements that stimulate your jawbone and gums, keeping them healthy in the process. When one or more teeth are missing, this natural process is inhibited and your jaw begins to lose bone and your gums may shrink.

Missing teeth also allow neighboring teeth to migrate into the open spaces left behind. Teeth in the opposing jaw can also move in an attempt to fill the gap.



Even a single missing tooth can allow remaining teeth to shift and grow into the gap

The greater the number of missing teeth in your mouth, the greater the impact these effects can have. And, over time, replacing them can become more challenging.

## Effects on your appearance

When teeth and bone in the jaw are missing, they no longer support vital facial structures.

Over time, progressive bone loss can create changes in facial structure, increasing wrinkles, which can make you look older. Your cheeks and lips are left without necessary support and begin to sag and appear hollow.

To avoid these consequences, speak to your dentist about your missing or damaged teeth. With the help of modern dentistry, your missing teeth – even entire rows of teeth – can be replaced with a secure, or “fixed,” restoration that looks and functions naturally.

Replacing your missing teeth will not only revitalize your eating, speaking, and smiling abilities, but it will also help avoid dramatic physical changes.



# You have options

There are two courses of action your dentist can take to fix or replace your damaged or missing teeth. He or she can either use your remaining natural teeth or a dental implant to support new crowns or a bridge.

## New teeth on natural teeth

If you and your dentist decide to use a bridge to restore your damaged or missing teeth, your adjacent natural teeth will be used as support.

These adjacent teeth will need to be ground down, potentially sacrificing healthy tooth structures.

Unfortunately, this solution will not prevent jawbone loss or gum recession, which can detract from overall oral health and appearance.

To avoid these disadvantages, your dentist may also be able to replace the tooth roots as well, using dental implants.



New teeth on natural teeth – neighboring natural teeth are ground down and used to support a bridge, replacing the top of the missing teeth



## New teeth on dental implants

Dental implants are inserted into your jawbone and act just like the tooth roots of your natural teeth. With this procedure, healthy adjacent teeth are left untouched.



New teeth on dental implants – neighboring natural teeth are left untouched

## Another thing to consider

Bridges and crowns are typically made of natural-looking material such as dental ceramics, or porcelain.

A dental laboratory will design each bridge or crown individually to look and feel like natural teeth.

However, some dentists still offer crowns and bridges with a metal core, instead of using all-ceramic restorations. If you do receive a restoration with a metal base, and your gum recedes, an unsightly black metal line at the rim of the crown or bridge can become visible.

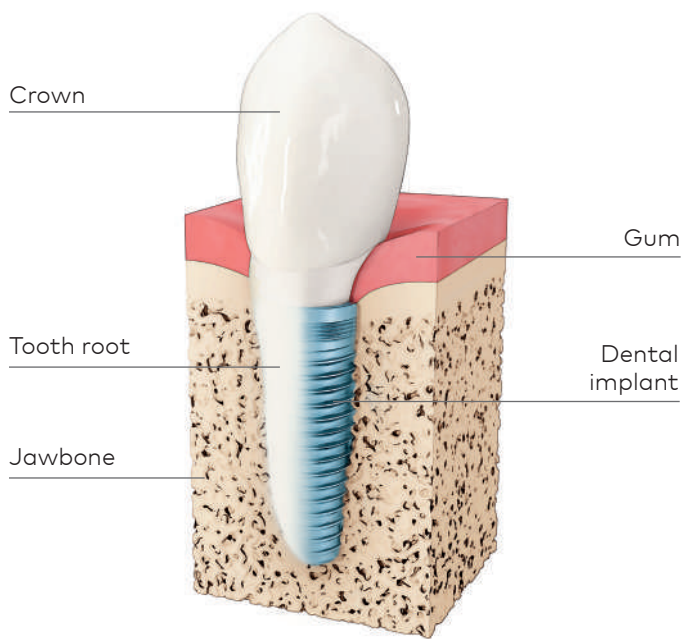
For the best esthetic results, always ask your dentist for all-ceramic restorations.

# What are dental implants?

Modern dental implants are small titanium screws that replace and function like natural tooth roots. Dental implants are gently placed during a surgical procedure. Once in place, they allow your dentist to mount replacement teeth onto them.

And because they are made of material that is not harmful or toxic to living tissue, your body will easily accept them.

Dental implants are widely considered to be the most successful method of tooth replacement used today, benefiting patients in a number of ways.



A dental implant acts like your natural tooth root



# Dental implants offer you many advantages

## A healthy natural-looking smile

Modern dental restorations supported by dental implants look and feel like natural teeth. Their color, shape, and contours mimic those of natural teeth.

## Renewed eating and speaking

Dental implants can return functionality. Foods that were difficult to eat can be put back on the menu. Speaking clearly can become easier.

## Neighboring teeth left untouched

Unlike alternative treatments, dental implants do not use neighboring teeth for support, but rather add to the compromised structural support. Therefore, they can improve your overall oral health and help maintain a youthful appearance.

## Stable and comfortable fit

Dental implants are fixed in your jawbone, making them stable and more comfortable than other restorations. They are made of biocompatible materials, meaning your body will easily accept them.

## New teeth from day one

Depending on your individual situation, your dentist can provide you with crowns or a bridge at the time of dental implant surgery, providing you immediate functionality.

## Long-lasting and proven solutions

Dental implant solutions are very durable and easy to maintain. With proper care and good oral hygiene, your new dental implant restoration will last many years – even your entire lifetime.

In 1965 the first patient was treated with modern dental implants. Since then, dentists all over the world have successfully placed millions of implants.

## Finally, remember you are not alone

It can be easy to think you're the only one suffering with missing teeth, but half of the adult North American population is missing one or more teeth. But the best peace of mind is knowing that thousands have already improved their situation and self-confidence through the use of dental implants. **And now you can too!**



	<b>New teeth on natural teeth (bridge)</b>	<b>New teeth on dental implants</b>
<b>Duration</b>	Approximately 5–20 years	Many years; with the right care, up to a lifetime
<b>Healthy neighboring teeth need to be ground down</b>	Yes	No
<b>Keeping the new tooth clean</b>	More difficult	Normal effort
<b>Risk of tooth decay / fracturing</b>	Normal	Very low
<b>Treatment costs</b>	Lower treatment costs, but often higher maintenance costs over time	Higher initial treatment costs are compensated by lower maintenance costs over time

A bridge on natural teeth vs. new teeth on dental implants



**Your new smile is waiting for you here:**

## **Why your doctor uses products from Nobel Biocare**

- Over 65 years of clinical experience
- More than 18 million implants placed worldwide
- Products manufactured in USA and Sweden
- 4,400+ independent scientific publications with data on Nobel Biocare products and solutions
- Present in over 80 countries

Talk to your doctor about which Nobel Biocare products are best for you. Learn more at [nobelsmile.us](https://nobelsmile.us)

## **Important information about dental implant treatment**

Placement of dental implants is done during a surgical procedure. Dental surgery carries certain general risks including infection of the bone, tingling caused by damage to nerve tissue which may be temporary or long term, and excessive bleeding during or after the surgery. Dental implants are not intended to be used in pediatric patients whose jaw bone growth has not been documented or people who are medically unfit for a dental surgical procedure, have inadequate bone volume, or are allergic or hypersensitive to commercially pure titanium. After placement dental implants may fail to integrate with the bone. If this occurs, they will need to be removed in a secondary procedure. Certain factors could interfere with the healing process of either bone or soft tissue. These include cigarette smoking, uncontrolled diabetes, oro-facial radiotherapy, steroid therapy, and infections in the neighboring bone. The possibility of immediate placement and use of a prosthetic tooth varies upon many factors including bone presence and quality, dental history, implant location, and availability of final restoration. Your dentist will fully describe the possible scenarios with you in consultation prior to surgery. Consult your dentist to find out if dental implants are right for you.

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